

ANCHOR CLANKER

Spring 2018 Edition

President's Message

With all this snow on the ground, it's hard to believe - but spring is finally here! These longer days and the promise of warmer weather around the corner always fills me with hope and excitement for what's to come. Founders Day was such a special way to kick-off the spring season. I loved gathering with sisters from near and far, honoring our Founders, celebrating the accomplishments of our collegiate and alumnae members, and reflecting on the purpose of our organization. Thank you to those of you who were able to join us this year, your presence truly made the day fantastic. If you were not able to join for this year's Founders Day, I hope that you will consider joining us next year. Watch for a save the date in the fall edition of the Anchor Clanker.

This winter, we hosted a party to celebrate the holiday season. Lots of great food and conversation was shared by the attendees. Moving into

Stay Connected with DG!

Have you updated your information with Delta Gamma lately? Email addresschange@deltagamma.org to update your information. Please include your **full name** (including maiden name), **chapter** and **year of initiation, previous address, new address, preferred phone number, email**, and any other details that will be helpful in identifying your member record.

Alternatively, you can log in to www.deltagamma.org to update your information. Once logged in, click Profile (on the top under your sign in name). Then, click **edit profile** on the side bar and fill in the form.

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Upcoming Events

Join us for Dines on the Nines, our monthly get together where we eat delicious food and catch up with our sisters! Our next one is **May 9**, and we'll have one more **June 9** before breaking for summer. Stay tuned to the [Facebook group](#) for more info!

We are having a **brunch** to welcome new alum on **May 6**. Brunch will start at 11am at Tiramisu Bistro on 124 St, and will be followed by a short board meeting.

If you have ideas for events, or community events your sisters might be interested in, please let us know!

Times and locations for all events will be posted to the [Facebook group](#). If you aren't on Facebook, please email edmontondgalum@gmail.com for updates.

New Alumnae at Founders Day



the new year, we held our first-ever online election, welcoming **Megen Nash** (VP: finance), **Belinda Spilak** (VP: programming), and **Christine Fallowfield** (VP: Foundation) into their new positions on the board. The executive board will be meeting for a transition retreat at the end of April. Thank you for your patience as we navigated a new elections timeline and process this year. We will be looking to fill our Nominating Committee early in the fall next year, and will begin slating in mid-fall. It's never too early to start considering joining the Nominating Committee, or running for a position on the board!

We are looking forward to welcoming our newest alumnae members next month. On May 6, we will be hosting a welcome brunch for the new alumnae. Please consider joining us for this event, it is a great way to connect with new sisters, and share the value of lifetime membership with our newest alumnae.

I am excited to be representing our alumnae chapter at Convention in Phoenix, Arizona this June. During the summer, we will be hosting some casual summer series events. If you have ideas for events, or would like to take the lead on being an event host, please let us know! Watch the Facebook page for more details. Special Interest Groups are also a great way to stay involved and connected with sisters over the summer. Our Facebook group has more details on these groups.

As always, if you have any questions, concerns, or feedback, please feel free to contact me. I am available by e-mail at earles@ualberta.ca, or in the evenings at 780-619-2779.

ITB,

Erin Earles (BB 2009)

Edmonton Alumnae Chapter President

Update from Beta Beta Chapter

Hello from the Beta Beta chapter of Delta Gamma! Over the past few months, our sisters have worked very hard to make this year as meaningful as possible and we are incredibly excited to share some of our accomplishments with you.

Our new CMT is filled with amazing, passionate women who are working their hardest to improve our relations with other members of the Greek community on our campus, pursue more involvement within chapter, and incorporate more opportunities for our sisters to get involved in our philanthropic efforts! One of our most exciting achievements this semester has been the creation of Anchor Frost. This was a three day long philanthropic event which involved various winter themed activities and ended with the Winter Wonderland gala. The final night of this event featured local musicians, various carnival games, treats, a silent auction and a presentation by the CNIB. We hope to make this philanthropic event a long-standing tradition within chapter and are excited to see what the future holds for our newest event!

We have also increased our efforts to get our sisters involved in the Greek community on campus, and as a result of hard work and determination, we were able to win first place in the annual Greek God and Goddess competition that is put on by the Inter-Fraternity Council at the University of Alberta. This competition features a fifteen-minute band portion and a five-minute choreographed portion. Our acoustic covers and circus themed dance largely impressed the judges, and ultimately won us the trophy. Delta Gamma has not won this competition since 2013, and we are looking forward to planning another great performance for next year!



Special Interest Groups

Looking for ways to stay involved with your alumnae sisters? Start by checking out some of our Special Interest Groups (SIGs):

[Crafting](#)
[Fitness](#)
[Reality TV](#)
[DGs On Campus](#)
[DG Bookies](#)
[DG Moms](#)

If there's a new interest group you'd like to see, please let us know!



2018-2019 Executive Board

President: **Erin Earles** (BB 2009)

Vice President -

Programming: **Belinda Spilak** (BB 2009)

Vice President -

Membership: **Jaclyn Hutchinson** (BB 2012)

Vice President - Finance: **Megen Nash** (BB 2008)

Vice President -

Foundation: **Christine Fallowfield** (BB 2011)

Vice President -

Communications: **Dana Marsh** (BB 2006)

Director - Cream Brunch: **Lisa**

Glover (BB 2002)



Currently, we are quickly approaching the end of our second semester, and are working to plan for next year, find new and creative ways to get our sisters more involved, and to support our sisters in their educational efforts. We are so proud of the things that our chapter has accomplished since the beginning of second semester, and we cannot wait to see what else we are able to do throughout the rest of the year. Thank you so much for reading!



ITB,

Elaina Smith
Director of Public Relations

Alumnae at Founders Day



How do I pay my dues?

Local (Edmonton) dues:

Choose your tier:
 Bronze (\$25-\$49)
 Pink (\$50-\$74)
 Blue (\$75+)

Pay by e-transfer to edmontondues@gmail.com or
 mail a cheque made payable to:

Edmonton Delta Gamma Alumnae Chapter
 c/o Megen Nash
 16429A 106 Avenue, Edmonton, AB, T5P 0X1

If you have any additional questions please feel
 free to ask Megan by
 emailing megen@ualberta.ca.

Per Capita dues:

Alumnae per capita dues can be paid via [Member Planet](#) or by sending a cheque for \$27 made out to Delta Gamma Fraternity to Executive Offices (3250 Riverside Dr., Columbus OH 43221).

Update from Calgary Alumnae Association

Hello Edmonton sisters!

We anticipate our annual spring brunch for be on **Sunday, May 6th** and our annual after work patio drinks evening will be on **Wednesday, June 13th**.

More details to follow via our email and facebook group.

Wishing you all the best,
LITB,
Lindsay Vandenberghe
Calgary Alumnae Association President

Alumnae at Founders Day



Advisory Team

The Advisory Team serves Beta Beta Chapter and is currently composed of:

ATC: **Jenna Lee (BB 2009)**
Honor Board Adviser: **Lucy Clark (ZΦ 2005)**
Chapter Operations Adviser: **Stephanie Haynes (BB 1989)**
Programming Adviser: **Christine Fallowfield (BB 2011)**
Member Education Adviser: **Cait Chalmers (BB 2008)**
Membership Adviser: **Margaret Kozinciewicz (BB 2005)**
Panhellenic Adviser: **Kerstie Schreyer (BB 2013)**
Foundation Adviser: **Jaclyn Hutchinson (BB 2012)**



Eye on Alumnae

Engagements, births, promotions, and other exciting news

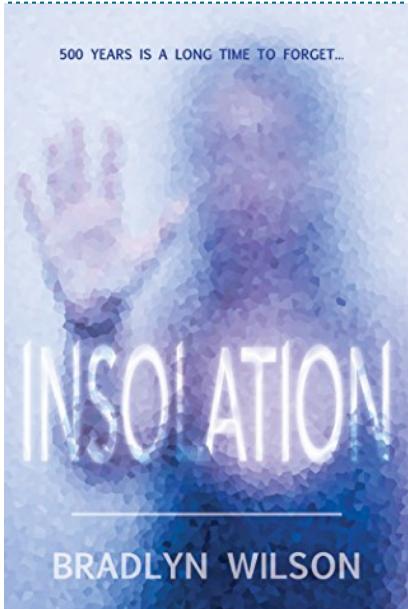
Berkley Summer Fay was born January 30, 2018 at 8:44am! Justin and **Mallory Lussier (BB 2007)** are so blessed and have enjoyed every moment of getting to know her so far! She also was signed up for the Anchor Girl program right away and received her welcome letter on Delta Gamma Founder's day!



Marissa Poon (BB 2013) graduated from the University of Alberta with a Masters of Science in Physical Therapy in 2017. In January, she started her first full-time job as Physical Therapist at Optimize Physiotherapy and Sports Injury Clinic. Marissa is passionate about sports and believes that exercise, whether it is recreational or competitive, is beneficial to many aspects of life. Her goal is to help people of all ages recover from injury and return to the sports and activities that they enjoy most.



Vicki Van Vliet Vaitkunas (BU 1957) has been elected President of the Board for the Family and Community Support Services of Alberta. With a Provincial budget over \$100 million this is the only province in Canada to have programs throughout Alberta for preventive social services.



Bradlyn Wilson (BB 10) recently made her debut as a published author with the launch of her first book, *Insolation*. *Insolation* is a new-adult dystopian novel, about a young woman who has lost her memory, and is unsure who to trust, in a world that is about to be torn apart by a massive storm. You can check out Bradlyn's book on Amazon!



Erin Earles (BB 09) got engaged to Kevin MacAlpine this March, on their spring break vacation in New York City. Kevin popped the question on the observation deck of the Empire State Building, which is Erin's favourite spot in NYC.



Shandi Connolly-King

(BB 2008) opened her own healthcare clinic in St. Albert. She's a Chiropractor/owner now at Sublime Health and Family Chiropractic Clinic.



Melissa Turnbull (BB 2008) recently achieved the Canadian Registered Safety Professional (CRSP) designation. This designation is recognized as the national standard of certification for Occupational Health and Safety professionals in Canada.

A CRSP is:

- An individual who has met the academic, experience and examination requirements of a national registration authority.
- An individual with in-depth knowledge of health and safety principles and practices who uses this knowledge to develop systems in the workplace in order to achieve optimum control over hazards detrimental to people, equipment, material and the environment.
- An individual committed to the principles of loss control, incident prevention and environmental protection.
- An individual whose knowledge and skills are continually upgraded through a certification maintenance program to ensure a qualified, up-to-date professional is managing health and safety issues.
- An individual committed to managing an organization's health and safety issues and concerns according to a Code of Ethics.

This designation will help Melissa further her career as an OHS and Environmental professional.



Nancy (Frost) Smith (1989) has launched a new project called Social Citizens - and is finishing a book that will launch early in 2018 too.

Nancy Smith loves to help people understand social media. As an early adopter and avid social media user, it has been a natural transition for her to apply knowledge from her marketing career to assist brands such as Travel Alberta, SportChek, and Samsung.

As a passionate advocate for social media, Nancy currently teaches at both the University of Calgary and Mount Royal University. Nancy is also an acclaimed speaker, having over 10 years' experience in providing workshops and sessions at large-scale conferences dealing with issues and strategies related to social media.

As a mom to a tween, Nancy can also relate to the challenges parents face in today's digital world. Realizing that there was a gap in the information available for generating positive discussions, she has recently launched SocialCitizens.ca as a resource for parents in order to provide the practical advice that parents were looking for—and that kids needed. She enjoys helping adults learn about the positive aspects of social media and working with kids on how they can be responsible social citizens in a rapidly changing global environment.



Delta Gammas at the 2017 Holiday Party

Left to right: **Sarah Lorentz (BB 2008)**, **Bradlyn Wilson (BB 2010)**, **Lindsay Howes (BB 2010)**, **Celine McEachern (BB 2014)**, **Sarah Flowers Eggert (BB 2008)**, **Alandra Kruszewski (BB 2013)**, **Serena Tang (BB 2010)**, **Erin Earles (BB 2009)**, and **Lisa Glover (BB 2002)**.

Emmy Stuebing (BB 1997) recently moved back to Edmonton and got her old job back as Fund Development Manager at the Edmonton Public Library.

The day Emmy moved back in Alberta, she stopped to visit her parents in Red Deer. While there, her dog got spooked and bolted from the yard, and was missing for seven very stressful weeks. During that time, hundreds of people (including many DGs) looked for him and helped spread the word. He was found October 22, and had been seriously injured from being hit by a car. He ended up with 5 hours of surgery to repair his broken femur and insert a plate to stabilize his fractured pelvis. A friend helped Emmy's sister set up a crowdfunding page to raise funds for the medical costs, and the full amount was raised in just two weeks, half from strangers (and much from DGs!). Emmy was so grateful to received such amazing support from the community, and is pleased to report that Happy is recovering well. He is walking on all four legs, building up his strength and endurance, and has returned to more of his puppy play!



Have you recently started a new job, or been promoted? Have you had a baby, or celebrated a wedding? Have you recently started (or graduated from) graduate studies? Have you been working or volunteering abroad?

We'd love to recognize these milestones, and any others, in our next Anchor Clanker!

Please send your announcements (and any relevant photos) to edmontondgalum@gmail.com.